Fitness & Leadership
An Educational Adventure in Fitness and Leadership Designed by
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Leslie Groft, BA, CPT
July 5 – August 13, 2010
8 Credits

If you would like participate in this life-changing course, please reserve your spot by mailing a check or money order in the amount of $195* to: GWU, c/o Dr. Andrew Groft, 970 South Sage Drive, Cedar City, UT 84720, USA. Make sure that you apply before April 2, 2010. You will then be responsible to pay the remaining balance by May 1.

1. Full Name ____________________________________________
2. Birth date (mm/dd/yy) __________________________________
3. Email Address** (one you will use at least until you come) ________________
4. Home Address _____________________________________________
5. Home Phone _________________________________________________
6. Emergency Contact__________________________ Phone ______________ Relationship ___________
7. I understand that I must bring a copy of a physical examination performed by a licensed physician that gives me the medical okay to do this program. ☐ Yes   ☐ No   Initials _____

*This $195 will go toward the price of the entire program; it is not an additional cost.
**Make sure that your junk mail filters allow my emails. They will come from Dr. Groft (ajgroft@gw.edu).